

YOUTH DATING VIOLENCE & HEALTHY RELATIONSHIPS TRAININGS

Women In Distress of Broward County, Inc. is the only nationally accredited, state-certified, full service domestic violence center serving Broward County, Florida. Our mission is to stop domestic violence abuse for everyone through intervention, education, and advocacy. The Education and Prevention Department at Women In Distress is committed to providing quality prevention education and resources to all members of the community in order to break the recurring cycle of violence.

THE EDUCATION AND PREVENTION DEPARTMENT:

The department's main focus is on youth, ages 11 - 17, through primary prevention education which focuses on healthy dating relationships and teen dating violence. It is the hope that by providing prevention education to Broward County youth at an early age, there will be a decrease in future domestic violence cases.

To meet the various needs of the community, the Prevention and Education Department provides:

- One-session presentations on TDV & Healthy Relationships (or other related topics as requested)
- "Imagine...A World Where Love Doesn't Hurt" 8-session program for middle school students
- "Building Opportunities to Love with Dignity (B.O.L.D.)" 5-session program for high school students
- "Protect Your Heart" peer-to-peer education & advocacy program for high school

TEEN DATING VIOLENCE:

All training programming for youth can range from 50 minutes to an hour and a half per session, depending on the site's schedule, and consists of the following topics:

- Healthy relationships
- Boundaries
- Unhealthy relationships
- Consent and Coercion
- Red flags and warning signs
- Types of abuse
- Realities of sexual abuse
- Why survivors stay
- How to help a friend
- Community Resources
- How to get help
- Women In Distress Services

Teen Dating Violence Statistics*

1 in 3 teens will experience an abusive relationship.



Only 33% of abused teens tell someone about it.. Usually it is their closest friend.



Gay, lesbian, bisexual, and transgender teens are just as likely to experience abuse.



Youth who experience dating violence in high school are at a higher risk of victimization during college.



WOMEN IN DISTRESS
OF BROWARD COUNTY, INC.
JIM & JAN MORAN FAMILY CENTER

If you need help, please call:

24HourCrisisLine:
954.761.1133

TTY/TDD 954.527.5385
www.WomenInDistress.org

TRAININGS FOR ADULTS & PROFESSIONALS:

The Education and Prevention Department at Women In Distress also offers adult training programming to the community and a variety of professionals. Each training is based on current research and meets the concerns of caretakers and the requirements of various professions in addressing violence with youth.

Trainings on teen dating violence are encouraged for all adults, whether caretakers or professionals, that are concerned with the safety and welfare of youth. Education can stop teen dating violence from becoming domestic violence in the future and assist youth with connecting to adult support. The following topics can be covered:

- Addressing relationships with youth
- Addressing boundaries
- Explaining unhealthy relationships
- Addressing consent and coercion
- Addressing technology and privacy
- Identifying risk factors
- Recognizing red flags and warning signs
- Identifying types of abuse
- Understand reasons why teens stay
- How to address abuse with youth
- Consequences for youth and the community
- Community resources available
- Ensuring youth safety
- Women In Distress services
- And more....

YOUTH EVENTS:

The Education and Prevention Department welcomes opportunities to provide display tables at schools and community events. Information pertaining to healthy relationships and teen dating violence resources will be provided. Display tables can also be provided during school lunch periods in order to educate and empower all youth to have healthy relationships.

*Awareness + Action =
SOCIALCHANGE*

*Statistics: <https://www.loveisrespect.org/resources/dating-violence-statistics/>



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